



## **Ottawa Psychoanalytic Society** **Société psychanalytique d'Ottawa**

**Scientific Program meeting Presenter: Dr. Milagros Cid Sanz**  
**April 15, 2023 – Saturday – 10:30am to 12:30pm, via Zoom**

Please RSVP to [scientificchair.ops@gmail.com](mailto:scientificchair.ops@gmail.com)

***Title: Broken mirrors. On the transitional function of the narcissistic double***

***Abstract:***

This paper reviews the importance of the double in the integration of narcissism in the formation of the self. A brief review of Freud's articles "On Narcissism" and "The Uncanny" serves as a starting point for reflecting on the narcissistic double in its transitional function, facilitating the evolution between narcissistic and object investments. The frequent appearance of the double in certain intensive regressive or disorganized states, shows the relationship between the familiar and the uncanny. Subsequent contributions from contemporary authors have developed this concept within both normal evolution and pathological formations. The concept of the mirroring object has been theorized by different authors, pointing out the importance of the object in the formation of the subject, and the modalities of mirroring transference in the analyses of this type of narcissistic functioning, along with the associated technical difficulties. The function of the internal and external frame is considered to be a third necessary for (re)constructing the triangulation. One clinical case illustrates some transference-countertransference difficulties in these cases.

***Bio:***

**Dr. Milagros Cid Sanz** is a psychiatrist at the National Health Service of Spain. She is a Full Member and Training Analyst of the Madrid Psychoanalytical Association (APM), and President of the APM between 2006 and 2009. Currently, she is General Editor of the Revue of the APM. She is also an active member of different IPA Committees. She was European Representative for the Board of the IPA (2011-13). Currently, she is co-chair for Europe, IPA Ethical Committee. She has published a number of papers in journals, including in the Revista de Psicoanálisis de la APM and the Romanian Journal of Psychoanalysis.

**Please note that there is a \$40 fee for participants who are not CPS members or OPS Guests, and a \$20 fee for students; if paid by credit card, the fees are \$45 and \$25 respectively:**

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This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Scientific Chair of the Ottawa Psychoanalytic Society. Attendance will be recorded.

**Learning objectives:**

After attending this presentation participants can expect:

1. To be better able to discuss the importance in Freud’s work of the concept of narcissism in the formation of the psyche.
2. To develop an understanding of developmental role of the double in the psychic life of the child, and with its subsequent pathological manifestations in adulthood.
3. To be better able to critically approach the role of the “narcissism” and the double in the transference-countertransference in the clinical treatment of adults.